

BLISS YOGA WITH ROSEMARY

www.blissyogacalgary.ca

rosemary@blissyogacalgary.ca

Questions? Call 403-271-7810 Text 403-813-9210

Svaroopaa® Yoga: Accessible Yoga - 27 years teaching



2024 SPRING YOGA - 9 WEEKLY CLASSES

<p>IN PERSON TUESDAY MAR. 26 – MAY 28 No class APRIL 30</p>	<p>CONTINUING 1:15 – 2:45 pm Parkland Comm. Hall 505 Parkvalley Road S.E. \$181 EB / \$190 REG.</p>	<p>DEEPER 6:45 – 8:30 pm Bonavista Downs C. H. 1418 Lk Ontario Rd. SE \$198 EB / \$208 REG.</p>
<p>ON ZOOM WEDNESDAY MAR. 27 – MAY 29 No class MAY 1</p>	<p>YOGA AND MEDITATION 1:15 – 3:15 pm \$189 EB / \$199 REG.</p>	<p>CONTINUING 5:00 – 6:30 pm \$171 EB / \$181 REG.</p>

To hold your spot payment can be made by:

1. March 18, 2024 for EB Early Pricing. After regular pricing applies.
2. e-transfer to rosemary@blissyogacalgary.ca
3. cheque to Rosemary Nogue, 10424 Maple Ridge Cres. S.E., Calgary T2J 1Y7.