

# Bliss Yoga of Calgary

## Fall 2021 Class Schedule

Starts/Ends	No class on (4)	Description	Price (1)	# classes	Location	Tuesday	Wednesday	Thursday
Sept. 14 / Nov. 23	Oct. 26	Deeper	EB - \$220 REG - \$230	10	Bonavista Downs (2)(3)	6:45 – 8:30 PM		
Sept. 15 / Nov. 24	Oct. 27	Yoga & Meditation	EB - \$190 REG - \$200	10	Zoom		1:15 – 3:00 PM	
Sept. 15 / Nov. 24	Oct. 27	Continuing	EB - \$160 REG - \$170	10	Zoom		5:00 – 6:30 PM	
Sept. 16 / Nov. 25	Oct. 28	Continuing	EB - \$160 REG - \$170	10	Zoom			9:30 – 11:00 AM

(1) To hold your spot payment can be made by e-transfer to [rosemary@blissyogacalgary.ca](mailto:rosemary@blissyogacalgary.ca)

or by cheque payable to Rosemary Nogue, 10424 Mapleridge Cres. S.E., Calgary AB T2J 1Y7.

(2) Bonavista Downs is located at 1418 Lake Ontario Road S.E.

(3) Participants in this class will be required to email or bring proof of double vaccination (consistent with *Svaroopa*® Ashram policy) for first class.

(4) There will be no classes October 26, 27 or 28. I will be at the Ashram in Pennsylvania, USA.